

LSAM State Track Meet Boys 2023 - 5/13/2023**Results****Boys 100 Meter Dash**

=====				
Record: R 11.38 5/14/2011 Malik Johnson, Grace Chapel				
Name	Year	Team	Prelims	H#
=====				
Preliminaries				
1		Wharton, Amir	Lutheran Nor	11.75q 1
2		Story, Armhed	Grace Chapel	12.52q 4
2		Neal, X'Zavier	Grace Chapel	12.52q 3
4		Yoder, Xavier	Calvary Kansas City	12.55q 2
5		Bracely, Mekhi	Lutheran Nor	12.64q 2
6		Conteh, Sidee	Grace Chapel	12.77q 1
7		Underwood, Aidan	Messiah	12.96q 4
8		Cambre, Karlan	Immanuel Wentz	13.20q 2
9		Coffman, Jonas	Zion St Charles	13.22 2
10		Sevick, Zachary	Martin Luther A	13.30 1
11		Kumm, Jasper	Immanuel Hi	13.57 4
12		Wagoner, Max	Zion St Charles	13.69 1
13		Gandhi, Shreyas	St. John Ellisville	13.71 4
14		Coleman, Mikey	Calvary Kansas City	13.77 1
15		Behnke, AJ	CCLS	13.83 2
16		Hollrah, Blake	Trinity St Charles	13.99 3
17		Desta, Nahod	Martin Luther A	14.08 1
18		Pike, Charlie	CCLS	14.11 1
19		Kirschner, Daniel	CCLS	14.14 2
20		Aslin, Duncan	Zion St Charles	14.23 3
21		Frerking, Aiden	St. Paul Concordia	14.26 4
22		Spangler, William	CCLS	14.51 4
23		Ray, Alex	St. John Ellisville	14.85 4
24		Thomas, Tiger	St. Paul Farmington	15.12 4
25		Gestring, Chase	St. Paul's DP	15.93 3
26		Scott, Ethan	St. John Ellisville	16.73 2

LSAM State Track Meet Boys 2023 - 5/13/2023

Results

Boys 100 Meter Dash

```

=====
Record: R 11.38 5/14/2011 Malik Johnson, Grace Chapel
Name Year Team Finals Points
=====

```

Finals

1	Wharton, Amir	Lutheran Nor	11.88	10
2	Story, Armhed	Grace Chapel	12.55	8
3	Neal, X'Zavier	Grace Chapel	12.57	6
4	Underwood, Aidan	Messiah	13.09	5
5	Conteh, Sidee	Grace Chapel	13.21	4
6	Yoder, Xavier	Calvary Kansas City	13.38	3
7	Cambre, Karlan	Immanuel Wentz	13.42	2

LSAM State Track Meet Boys 2023 - 5/13/2023**Results****Boys 200 Meter Dash**

Record: R 23.19 5/12/2012 Lezoghia Member-Meneh, Christ Community					
Name	Year	Team	Finals	H#	Points
1 Wharton, Amir		Lutheran Nor	24.13	1	10
2 Peters, Zach		St. Paul's DP	24.33	1	8
3 Neal, X'Zavier		Grace Chapel	25.76	1	6
4 Hirt, Billy		Grace Chapel	25.95	1	5
5 Underwood, Aidan		Messiah	26.23	2	4
6 Horstmeyer, Bryant		Immanuel SC	26.41	2	3
7 Story, Armhed		Grace Chapel	27.05	1	2
8 Sevick, Zachary		Martin Luther A	27.49	3	1
9 Cambre, Karlan		Immanuel Wentz	27.54	2	
10 Becker, Nathan		St. John's Arnold	28.15	1	
11 Kirschner, Daniel		CCLS	28.20	2	
12 Delancy, Damori		Grace Chapel	28.75	2	
13 Gandhi, Shreyas		St. John Ellisville	28.98	3	
14 Desta, Nahod		Martin Luther A	29.62	2	
15 Thomas, Tiger		St. Paul Farmington	31.43	2	
16 Gestring, Chase		St. Paul's DP	32.37	3	
17 Scholl, Justin		CCLS	32.50	3	
18 Mauss, Cypher		St. John Ellisville	37.94	3	

LSAM State Track Meet Boys 2023 - 5/13/2023**Results****Boys 400 Meter Dash**

=====					
Record: R 55.46 5/13/2017 Timothy Smith, Atonement					
Name	Year	Team	Finals	H#	Points
=====					
1 Peters, Zach		St. Paul's DP	56.71	1	10
2 Elze, Sean		CCLS	59.32	1	8
3 Becker, Nathan		St. John's Arnold	59.64	1	6
4 Nord, Graham		Calvary Kansas City	59.66	1	5
5 Sevick, Zachary		Martin Luther A	1:02.52	3	4
6 Boone, DJ		Lutheran Nor	1:02.56	1	3
7 Upshaw, Tommy		CCLS	1:02.69	2	2
8 Morrow, Dave		St. Paul's DP	1:04.34	2	1
9 Feager, Kipton		St. John's Arnold	1:05.12	2	
10 Desta, Nahod		Martin Luther A	1:07.19	2	
11 Hodges, Tyson		Calvary Kansas City	1:07.49	2	
12 Boedges, Owen		St. John Ellisville	1:07.53	2	
13 Walz, Silas		Calvary Kansas City	1:07.67	3	
14 Larsen, Scout		St. Paul Concordia	1:10.86	1	
15 Ramig, Harrison		Zion St Charles	1:11.21	1	
16 Thomas, Tiger		St. Paul Farmington	1:11.33	2	
17 Potthast, Colton		St. John Ellisville	1:14.46	1	
18 Droste, Lucas		Immanuel SC	1:15.92	3	

LSAM State Track Meet Boys 2023 - 5/13/2023**Results****Boys 800 Meter Run**

=====				
Record: R 2:13.00 5/12/2018 Henry Hardeman, Christ Commu				
Name	Year	Team	Finals	Points
=====				
1 Dicken, Sam		St. Paul's DP	2:15.39	10
2 Nord, Graham		Calvary Kansas City	2:19.98	8
3 Coyle, Gareth		St. Paul's DP	2:20.11	6
4 Lind, Nathan		Zion St Charles	2:21.14	5
5 Kumm, Jasper		Immanuel Hi	2:22.31	4
6 Elze, Sean		CCLS	2:24.98	3
7 Upshaw, Tommy		CCLS	2:27.12	2
8 Unthank, Eric		Calvary Kansas City	2:29.49	1
9 Vargas, Charlie		Immanuel Wentz	2:31.74	
10 Walz, Silas		Calvary Kansas City	2:33.87	
11 Masa, Will		Zion St Charles	2:35.16	
12 Robbins, Nathan		Messiah	2:41.85	
13 Hawryszko, Spencer		CCLS	2:45.14	
14 Beerman, Trenton		St. Paul Concordia	2:45.27	
15 Hill, Jordan		Grace Chapel	2:49.40	
16 Rahm, Maxwell		St. John Ellisville	2:55.54	
17 Jackson, Grey		Immanuel SC	2:57.12	

LSAM State Track Meet Boys 2023 - 5/13/2023

Results

Boys 1600 Meter Run

```

=====
Record: R 4:57.40 5/13/2017 Henry Hardeman, Christ Commu
Name Year Team Finals Points
=====
1 Lind, Nathan Zion St Charles 5:13.03 10
2 Sorget, Liam Green Park St Louis 5:27.86 8
3 Vargas, Charlie Immanuel Wentz 5:38.50 6
4 Becker, Aaron CCLS 5:40.02 5
5 Strobel, Bryce St. Paul Concordia 5:52.91 4
6 Hadler, Colten Immanuel SC 6:02.90 3
7 McGill-Murphy, Aiden CCLS 6:15.21 2
8 Serina, John CCLS 6:22.40 1
9 Morrow, Dave St. Paul's DP 6:30.25
-- Coyle, Gareth St. Paul's DP DQ
=====
    
```

LSAM State Track Meet Boys 2023 - 5/13/2023

Results

Boys 100 Meter Hurdles

```

=====
Record: R 13.99 5/13/2017 Maxwell Hill, Calvary
Name Year Team Prelims H#
=====
Preliminaries
1 Coffman, Jonas Zion St Charles 16.48q 2
2 Bryant, James Lutheran Nor 16.61q 2
3 Lee, John CCLS 18.07q 1
4 Hollrah, Blake Trinity St Charles 18.36q 1
5 Boedges, Owen St. John Ellisville 18.75q 2
6 Larsen, Scout St. Paul Concordia 19.01q 1
7 Rahm, Maxwell St. John Ellisville 19.34q 1
8 Mudd, Sam Zion St Charles 19.86q 2
9 Jackson, Grey Immanuel SC 20.25 1
10 Meyer, Caleb Green Park St Louis 20.65 2
11 Riutzel, Luke Immanuel Wentz 21.54 2
12 Dixon, Caleb Green Park St Louis 24.44 1
    
```

LSAM State Track Meet Boys 2023 - 5/13/2023

Results

Boys 100 Meter Hurdles

=====

Record: R 13.99 5/13/2017 Maxwell Hill, Calvary

Name Year Team Finals Points

=====

Finals

1	Bryant, James	Lutheran Nor	15.84	10
2	Coffman, Jonas	Zion St Charles	16.45	8
3	Lee, John	CCLS	17.59	6
4	Hollrah, Blake	Trinity St Charles	17.92	5
5	Larsen, Scout	St. Paul Concordia	18.74	4
6	Rahm, Maxwell	St. John Ellisville	18.86	3
7	Boedges, Owen	St. John Ellisville	19.03	2
8	Mudd, Sam	Zion St Charles	19.39	1

LSAM State Track Meet Boys 2023 - 5/13/2023

Results

Boys 4x100 Meter Relay

=====			
Record: R 48.73 5/14/2022 Lutheran North Middle St Louis, Luth			
G Phillips, R White, T Thornton, M Stephenson			
Team		Finals	Points
=====			
1 Calvary Kansas City		53.44	10
1) Walz, Silas	2) Nord, Graham		
3) Coleman, Mikey	4) Yoder, Xavier		
2 Grace Chapel St Louis		53.66	8
1) Houston, Donovan	2) Hirt, Billy		
3) Delancy, Damori	4) Conteh, Sidee		
3 Christ Community Kirkwood		55.66	6
1) Pike, Charlie	2) Lee, John		
3) Spangler, William	4) Miller, Braden		
4 Immanuel Wentzville		56.09	5
1) Cambre, Karlan	2) Riutzel, Luke		
3) Ramponi, JJ	4) Dolak, Caleb		
5 St. John Ellisville		56.75	4
1) Boedges, Owen	2) Rahm, Maxwell		
3) Ray, Alex	4) Gandhi, Shreyas		
6 Zion St Charles		57.30	3
1) Wagoner, Max	2) Aslin, Duncan		
3) Masa, Will	4) Young, Quinn		

LSAM State Track Meet Boys 2023 - 5/13/2023

Results

Boys 4x200 Meter Relay

=====			
Record: R 1:45.40 5/12/2012 Salem Black Jack, Salem Black Jack			
C Martin, A Collier, A Curtis, N Ricks			
Team		Finals	Points
=====			
1	Grace Chapel St Louis	1:43.39R	10
	1) Conteh, Sidee	2) Hirt, Billy	
	3) Story, Armhed	4) Neal, X'Zavier	
2	Christ Community Kirkwood	1:55.41	8
	1) Pike, Charlie	2) Behnke, AJ	
	3) Kirschner, Daniel	4) Miller, Braden	
3	Lutheran North Middle St Louis	1:58.36	6
	1) Peters, Jaylen	2) Kibby, Robert	
	3) Anderson, Brice	4) Davis, Melachi	
4	Zion St Charles	1:58.87	5
	1) Wood, Aidan	2) Aslin, Duncan	
	3) Ramig, Harrison	4) Young, Quinn	
5	St. Paul's Des Peres	1:59.28	4
	1) Morrow, Dave	2) Gestring, Chase	
	3) Meyer, Nathan	4) Coyle, Gareth	
6	St. Paul Concordia	1:59.81	3
	1) Frerking, Aiden	2) Heins, Michael	
	3) Oetting, Jameson	4) Larsen, Scout	
7	Immanuel Wentzville	2:01.13	2
	1) Marks, Kyle	2) Vargas, Charlie	
	3) Ramponi, JJ	4) Dolak, Caleb	
8	Grace Chapel St Louis 'B'	2:02.39	1
	1) Houston, Donovan	2) Hill, Jordan	
	3) Neal, Xyon	4) Delancy, Damori	

LSAM State Track Meet Boys 2023 - 5/13/2023

Results

Boys 4x400 Meter Relay

=====			
Record: R 3:54.28 5/12/2012 Salem Black Jack, Salem Black Jack			
C Martin, A Collier, P Irving, N Ricks			
Team		Finals	Points
=====			
1 St. Paul's Des Peres		4:05.65	10
1) Dicken, Sam	2) Morrow, Dave		
3) McGinty, Franklin	4) Peters, Zach		
2 Christ Community Kirkwood		4:10.72	8
1) Upshaw, Tommy	2) Lee, John		
3) Miller, Braden	4) Elze, Sean		
3 Zion St Charles		4:24.70	6
1) Coffman, Jonas	2) Lind, Nathan		
3) Mudd, Sam	4) Ramig, Harrison		
4 Immanuel St. Charles		4:33.14	5
1) Hadler, Colten	2) Jackson, Grey		
3) Horstmeyer, Bryant	4) Rothermich, Owen		
5 Lutheran North Middle St Louis		4:54.01	4
1) Boone, DJ	2) Peters, Jaylen		
3) Bracely, Mekhi	4) Kibby, Robert		
6 Green Park St Louis		5:01.57	3
1) Dixon, Caleb	2) Wolaver, Hayden		
3) Meyer, Caleb	4) Sorget, Liam		

LSAM State Track Meet Boys 2023 - 5/13/2023

Results

Boys High Jump

=====				
Record: R 5-10 2003		Ben Harmon, Green Park St Louis		
Name	Year	Team	Finals	Points
=====				
1		Hadler, Colten	Immanuel SC	5-06.00 10
2		Peters, Zach	St. Paul's DP	5-05.00 8
3		Dicken, Sam	St. Paul's DP	5-00.00 6
4		Hollrah, Blake	Trinity St Charles	4-10.00 5
5		Boone, DJ	Lutheran Nor	J4-10.00 4
6		Nafzger, August	Word of Life	J4-10.00 3
7		Ray, Alex	St. John Ellisville	4-06.00 2
8		Conteh, Sidee	Grace Chapel	J4-06.00 1
9		Delancy, Damori	Grace Chapel	4-04.00
9		Beerman, Trenton	St. Paul Concordia	4-04.00
--		Ramig, Harrison	Zion St Charles	NH

LSAM State Track Meet Boys 2023 - 5/13/2023**Results****Boys Long Jump**

=====				
Record: R 18-08.50 5/12/2012 Lezoghia Member-Meneh, Christ Com				
Name	Year	Team	Finals	Points
=====				
1 Bryant, James		Lutheran Nor	17-07.75	10
2 Story, Armhed		Grace Chapel	17-01.50	8
3 Nord, Graham		Calvary Kansas City	17-00.00	6
4 Lee, John		CCLS	16-02.25	5
5 McGinty, Franklin		St. Paul's DP	15-04.25	4
6 Kumm, Jasper		Immanuel Hi	14-11.75	3
7 Coyle, Gareth		St. Paul's DP	14-08.00	2
8 Masa, Will		Zion St Charles	14-03.25	1
9 Nafzger, August		Word of Life	14-02.75	
10 Houston, Donovan		Grace Chapel	14-02.25	
11 Wagoner, Max		Zion St Charles	14-01.75	
12 Oetting, Jameson		St. Paul Concordia	13-11.75	
13 Robbins, Nathan		Messiah	13-08.50	
13 Desta, Nahod		Martin Luther A	13-08.50	
15 Heins, Michael		St. Paul Concordia	13-06.00	
16 Gandhi, Shreyas		St. John Ellisville	13-03.00	
17 Wharton, Amir		Lutheran Nor	13-02.00	
17 Spangler, William		CCLS	13-02.00	
19 Johnson, Aiden		Messiah	12-06.50	
20 Evans-Povis, Jude		Trinity St Charles	12-06.00	
21 Potthast, Colton		St. John Ellisville	12-04.50	
22 Trinca, Oliver		CCLS	11-07.25	
23 Hollrah, Blake		Trinity St Charles	11-02.00	

LSAM State Track Meet Boys 2023 - 5/13/2023**Results****Boys Triple Jump**

=====				
Record: R 38-09 5/13/2006 Zachary Gray, Calvary Kansas City				
Name	Year	Team	Finals	Points
=====				
1 Neal, X'Zavier		Grace Chapel	36-03.00	10
2 Dicken, Sam		St. Paul's DP	33-02.00	8
3 Walz, Silas		Calvary Kansas City	31-05.50	6
4 Lind, Nathan		Zion St Charles	31-02.00	5
5 McGinty, Franklin		St. Paul's DP	31-01.50	4
6 Larsen, Scout		St. Paul Concordia	31-01.00	3
7 Masa, Will		Zion St Charles	30-11.00	2
8 Hodges, Tyson		Calvary Kansas City	30-10.50	1
9 Marks, Kyle		Immanuel Wentz	30-07.00	
10 Behnke, AJ		CCLS	29-03.00	
11 Pike, Charlie		CCLS	28-11.00	
12 Wood, Aidan		Zion St Charles	28-10.00	
13 Mudd, Sam		Zion St Charles	28-07.50	
14 Meyer, Nathan		St. Paul's DP	27-06.00	
15 Hill, Jordan		Grace Chapel	27-05.50	
16 Evans-Povis, Jude		Trinity St Charles	27-04.50	
17 Thomas, Tiger		St. Paul Farmington	25-04.00	
18 Mazzola, Jack		Trinity St Charles	23-03.00	
-- Proffer, Max		Messiah		ND

LSAM State Track Meet Boys 2023 - 5/13/2023**Results****Boys Shot Put**

Record: R 39-03.50 5/12/2018 Ryan Boettcher, Zion Luthera				
Name	Year	Team	Finals	Points
1 Johnson, Lonnie		Lutheran Nor	38-09.50	10
2 Heins, Michael		St. Paul Concordia	35-01.25	8
3 Hofman, Matthew		Word of Life	34-11.00	6
4 McGinty, Franklin		St. Paul's DP	34-01.75	5
5 Padom, Reng		Word of Life	32-10.75	4
6 Miller, Braden		CCLS	32-04.75	3
7 Riutzel, Luke		Immanuel Wentz	31-08.25	2
8 Johnson, Aiden		Messiah	30-07.25	1
9 Underwood, Aidan		Messiah	30-06.75	
10 Pile, Allan		Immanuel SC	29-06.25	
11 Hemme, Braden		St. Paul Concordia	29-01.75	
12 Marks, Kyle		Immanuel Wentz	27-07.75	
13 Trinca, Oliver		CCLS	27-03.75	
14 Elze, Sean		CCLS	26-11.50	
15 Aslin, Duncan		Zion St Charles	24-02.25	
16 Boldridge, Keenan		Immanuel Hi	23-11.50	
17 Rodgers, Tyler		Immanuel SC	22-00.75	

LSAM State Track Meet Boys 2023 - 5/13/2023**Results****Boys Discus Throw**

Record: R 129-02.25 5/13/2006 Jason Obermann, Trinity Freistat				
Name	Year	Team	Finals	Points
1		Padom, Reng	Word of Life	121-08 10
2		Hemme, Braden	St. Paul Concordia	109-02.50 8
3		Heins, Michael	St. Paul Concordia	99-03 6
4		Upshaw, Tommy	CCLS	96-09 5
5		Hofman, Matthew	Word of Life	94-08.50 4
6		Johnson, Aiden	Messiah	87-06.50 3
7		Marks, Kyle	Immanuel Wentz	83-09 2
8		Coffman, Jonas	Zion St Charles	81-11 1
9		Pile, Allan	Immanuel SC	80-05.50
10		Hirt, Billy	Grace Chapel	80-03.50
11		Kumm, Jasper	Immanuel Hi	80-02.50
12		Frerking, Aiden	St. Paul Concordia	79-11
13		Ramponi, JJ	Immanuel Wentz	75-06
14		Meyer, Nathan	St. Paul's DP	74-08
15		Ruckman, Judah	CCLS	72-06
16		Riutzel, Luke	Immanuel Wentz	71-07.50
17		Trinca, Oliver	CCLS	71-01
18		Boedges, Owen	St. John Ellisville	70-07
19		Mudd, Sam	Zion St Charles	66-04
20		Potthast, Colton	St. John Ellisville	66-01
21		Palmer, Vince	CCLS	64-04
22		Rodgers, Tyler	Immanuel SC	57-06
23		Becker, Nathan	St. John's Arnold	56-05
24		Proffer, Max	Messiah	52-01
25		Scott, Ethan	St. John Ellisville	49-10