

2023 LSAM Basketball Cheerleading Coach's Packet



Tournament Dates: February 24-26, 2023

Tournament Location: Jefferson City, MO

Tournament Directors: Drew Burnett & Mark Murphy

Congratulations on your school being selected to this year's LSAM State Basketball tournament. The tournament committee is excited to host you in Jefferson City for this year's event. While there is not a cheer competition, your squads are just as much a part of this great weekend as the basketball teams. Below is a list of the items this packet contains. As more information becomes available as we get closer to the tournament, it will be shared with you. In the meantime, if you have any questions please contact tournament directors, Drew Burnett or Mark Murphy.

Packet Contents

Page #

Important Dates & Sportsmanship.....	2
Schedule of Events.....	3
Weekend Details & Coaches FAQ.....	4-6
T-Shirt Design and Order Form.....	7-8
Gym Locations Map.....	9-10

IMPORTANT DATES

- T-Shirt Order Forms Due: **Thursday, February 8th**
- Team Ads Due: **Thursday, February 8th**

Registration – Begins at 2:30 pm on Friday, February 23rd

Team registration will occur Friday afternoon at Capitol Plaza Hotel. Coaches will check their teams in, and teams will take their team photos with our professional photographer. Fans and spectators can buy weekend passes and programs at registration.

Team Pictures Schedule

A team picture schedule will be sent out later detailing when each team is scheduled to be at registration to take a team picture. Please be on time. The schedule will be shared with everyone via email and on the website after brackets are posted.

Sportsmanship Award

The Lutheran Sports Association of Missouri (LSAM) promotes good sportsmanship by all players, coaches, officials, and fans. We ask that you be respectful during games and your entire stay in Jefferson City. Stomping on the bleachers and inappropriate language and obscene gestures are not allowed in all gyms. Those violating these requests may be asked by tournament staff to leave the gym. Continuous violations of these rules may result in team punishment. The Lutheran Sports Association of Missouri awards a sportsmanship banner and trophy to one boy's and girl's team who displays the best sportsmanship and Christ-like attitude throughout the weekend. The award winner will be announced on Sunday during tournament play.

LSAM State Basketball Championships

Schedule of Events

Friday, February 23, 2024

Capitol Plaza Hotel & Convention Center (Friday Afternoon)

2:30 PM to 5:30 PM Team Registration

2:30 PM to 5:30 PM Team Photos

Helias Catholic High School, Calvary Lutheran High School, & St. Peters Interparish School

5:30 PM to 8:30 PM First Round Tournament Games Gyms

Doors open at 5:00 PM

Saturday, February 24, 2024

Helias Catholic High School, Calvary Lutheran High School, & St. Peters Interparish School

8:00 AM to 3:30 PM Tournament Play Gyms A&B

Doors Open at 7:30 AM

4:30 PM to 5:00 PM Line Up of LSAM Teams Gym B

5:00 PM to 5:15 PM Parade of LSAM Teams Gym A

5:15 PM to 6:00 PM Worship Service Gym A

6:00 PM to 6:30 PM Knockout Competition Gym A

Sunday, February 25, 2024

Helias Catholic High School

8:00 AM to 5:00 PM Tournament Play Gyms A&B

Doors Open at 7:30 AM



Friday Registration and Team Photos

WHERE: Capitol Plaza Hotel Atrium (415 W McCarty St, Jefferson City, MO 65101)

TIME: 2:30 – 6:00 pm **WE WILL NOT CHECK ANYONE IN PRIOR TO 2:30PM.**

WHAT TO EXPECT:

COACHES:

- Coaches will need to check in at the registration desk. We will take any additional payments still owed.
- Coaches will receive a tournament program, team t-shirt order, and any other information that may need to be shared.
- **TEAM PHOTOS:**
 - Photos will take place in a conference room adjacent to the atrium. Staff will direct you where to go.
 - Please refer to the team photo schedule that has been shared with you and is available on the LSAM website following the brackets being released.
 - We ask that you arrive 10-15 minutes prior to your scheduled time so we can stay on schedule for everyone else.
 - What to wear: Teams are encouraged to wear their jerseys, matching warm-ups, or travel gear for the photo.

PARENTS/FANS:

- Weekend passes and tournament programs will be able to be purchased at registration. These items will also be available at all gym locations throughout the weekend. Pricing is posted on the website.
- Once your team has completed check-in and your team photo, we ask that your team leave Faith Lutheran and head elsewhere to help keep things less congested as other teams arrive. **PLEASE DO NOT LOITER!**

2024 LSAM Basketball Cheer Coach's Info/FAQs

- **How early do the gyms open to start the day?**
 - Gyms open 30 minutes prior to the first game of the day.
- **How do I know if I am the Home or Guest team when looking at the bracket?**
 - The home team is the top team on the bracket and will wear white/lighter colored jersey.
- **Are there specific benches for the Home or Guest team?**
 - Yes. When standing facing the scorer's table, the HOME team will be on the **RIGHT-side** bench. The GUEST team will be on the **LEFT-side** bench. This applies to all gyms.
- **Are there locker rooms available for cheer squads?**
- No. We do not have specific locker rooms for cheer squads. There also is not specific warm up area for cheer squads. Please do not get in the way of the basketball teams warming up. We ask that you do not interfere with games that are in progress or try and search around our host facilities to find a place to warm up.
- **Which baseline should we cheer on?**
 - We ask that you cheer on the baseline on the side of the court that your team's bench is on. Please avoid cheering from the baseline that your opponent is on.
- **Will games start ahead of the scheduled time?**
 - Yes. We will start games earlier than their scheduled start time if the previous game finishes early. We will not start games more than 15 minutes ahead of the scheduled time unless both teams agree to start earlier.
- **Are the games going to be streamed?**
 - We will attempt to stream games at Helias on Sunday, internet permitting. On other sites, we will try to stream if we have wi-fi access.
- **We have a halftime/in-between quarter routine, can we play music over the PA system in the gym to perform?**
 - Ability to play music will be determined by LSAM staff that is working the sound system in the gym you are in. Some gyms have better audio capabilities than others. We cannot guarantee that you will have the ability to play music during halftime.
- **Are we required to attend the Saturday parade of teams, church service and knockout competition?**
 - While the cheer squads do not participate in knock out, we do strongly encourage your squad to attend the parade of teams and church service portion of the Saturday night festivities with your teams.

Saturday Night Parade of Teams, Church Service, & Knockout Competition

Parade of Teams

- Team Line-up begins in Gym B (Old Gym) at 4:30pm
- Parade of teams will start at 5:00pm.
- You do not need to wear your team jerseys. Teams in the past have worn their team shirt/warm-up for that season or dressed in their school colors. Please have your players wear shoes they can play knockout in. Dress comfortably
- If your school has a banner, please bring it for your team to carry as they walk in.
- Teams will be directed by an LSAM Board Member to their seats in the bleachers.

Church Service

Following the parade of teams will be the church service where an offering will be taken and given back to charity (will be announced prior to collection).

Knockout Competition

- While teams are being lined up in the old gym, they will receive a number of what groups they are in. On average there is 8-9 groups.
- The top 2 finishers from each group will proceed to a championship round on both the boys and the girls' side.
- We will crown a boys' champion and a girls' champion.

Festivities should be completed at approximately 6:30pm.

2024 LSAM Basketball T-Shirt Design

Front of T-Shirt – Grey shirt



Cost: \$15.00

Print Individual's name and t-shirt size they desire. T-shirts will be printed and given to coaches for distribution during registration. Shirts pre-ordered are \$15.00 per t-shirt. Please attach one check or money order for the total number of t-shirts ordered. Anyone can order these shirts. Email Shirt orders to Drew Burnett.

TURN IN T-SHIRT ORDERS BY 2-8-24

Dmb5h4@gmail.com

TEAM:

[illegible]

TURN IN T-SHIRT ORDERS BY 2-8-24 to Drew Burnett: Dmb5h4@gmail.com

GYM LOCATIONS 2024

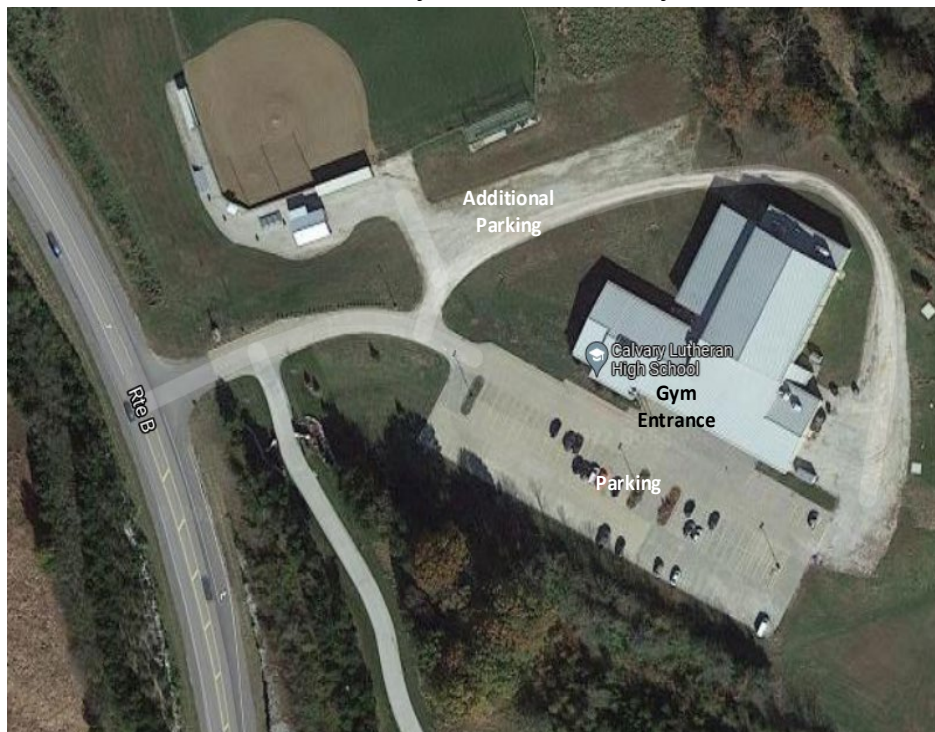
Gym Site 1: Helias High School Gyms A&B

1305 Swifts Hwy, Jefferson City, MO 65109



Gym Site 2: Calvary Lutheran High School (Friday & Saturday)

2525 State Hwy B, Jefferson City, MO 65101



Gym Site 3: St. Peter Interparish School (Friday & Saturday)

314 W High St, Jefferson City, MO 65101

****PLEASE NOTE:** Parking in the lot off high street (lot on the left in the photo) will not be allowed on Friday night until after 5:00pm. This is a State Employee lot and will be occupied by state employees until this time.

